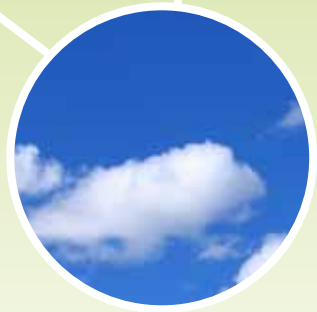


lifework potential

Catalogue of Test Kits & Books



**www.lifeworkpotential.com
uk: 01392 916390
int: +44 1392 916390**

ordering information

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Or by phone

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Phones answered by a human being 8am to 10 pm (UK time) seven days a week

On our web site we also have available..

- Detailed test kit information
- Excerpts from Jane's books
- Earth Energies



1 Brunel View
Exminster
Exeter
EX6 8FH
United Kingdom

important information

It is important to store these kits out of direct sunlight, away from strong smells (such as aromatherapy oils, herbs, etc.). We also recommend that they are stored away from magnets (in practice this means on opposite sides of the room except when they are being used). However, some practitioners use magnets in their testing procedures, and so far this has not caused any problem with the vials.

There are no problems with storing different kits in the same box, although you might want to organise them in a particular way for other reasons, e.g. it is fine to store bacteria vials and flower remedies in the same box, although you might want to store all your flower remedies together for logical reasons.

Some people seem concerned about bacteria, parasite and similar vials in some way 'contaminating' other vials, because such vials have a 'bad' energy. This concern is completely unnecessary, and, in fact, labelling test kit vials as containing 'bad' or 'good' energies does not stand up to any scrutiny at all. There are many bacteria that are helpful to the human body, e.g. gut bacteria make some B vitamins and vitamin K; other bacteria help the skin maintain its protective acid mantle. Homeopathic remedies are often made from lethal substances, e.g. snake venom or a highly toxic metal. A homeopathic remedy made from a 'benign' substance can cause much upset when used inappropriately. Many flower remedies are made from highly toxic material, e.g. monkshood or mistletoe.

Perhaps more importantly, viewing vials as 'bad' can lead you subconsciously to be nervous of using these vials, thus depriving clients of the most efficient way to help them.

The energy of these vials should not be viewed as 'good' or 'bad', but merely as 'appropriate' or 'inappropriate' at this time for this person.

If you are unclear how you would use the kits, buy the book *Energy Mismatch* by Jane Thurnell-Read. This gives a simple but highly effective way to rebalance the body energetically around these substances.



test kits

8086: Acupuncture Meridian Test Kit

Vials representing each of the acupuncture meridians from Chinese Traditional Medicine. 14 vials.

8001: Amino Acid Test Kit

Arginine, glutamine, glutathione, histidine, lysine, tryptophan, tyrosine, valine, etc. 21 vials.

8096: Anaesthetic And Pain Test Kit

Drugs used in anaesthesia (local, general, epidural) and also sometimes for pain including Codeine, Bupivacaine, Diamorphine, Diazepam, Fentanyl, Levobupivacaine, Ketamine and Procaine. 48 vials.

8122: Animals, Dog Test Kit

Healthy and diseased tissue, viruses and vaccinations specifically relevant to the health of dogs.

8002: Bach Flower Remedies Kit

These ever popular flower remedies in a convenient test kit. This kit is not suitable for dispensing purposes. 39 vials.

8003: Bacteria 1 Test Kit

The energy patterns of MRSA, Staphylococcus aureus, Streptococcus pneumoniae and pyrogenes, Mycobacterium tuberculosis, whooping cough, meningitis, Escherichia coli, Clostridium difficile etc. 56 vials.

8093: Bacteria 2 Test Kit

Salmonella strains, Staphylococcus Saprophyticus (linked to cystitis), Propionibacterium Acnes (acne), Mycoplasma Fermentans (Gulf war syndrome) and two Vibrio strains (gastrointestinal illness from shellfish and bacteria that are part of or affect the normal human flora. 37 vials.

8120 Bacteria 3 Test Kit

Organisms that are involved in the human biome, drug-resistant bacteria and others that have only now become available to us. 56 vials.

9092: Biofilm Vial

Bacteria living in a biofilm usually have significantly different properties from free-floating bacteria of the same species. 1 vial.

8004: Body Biochemical 1 Kit

Neurotransmitters, peptides, histamine, urea, cholesterol, substance P, complement C7, interferon alpha, etc. 25 vials.

8005: Body Biochemical 2 Kit

More neurotransmitters, enzymes, body proteins, weight control hormones, etc. 25 vials.



8006: Body Biochemical 3 Kit

4 types of collagen, body chemicals involved in the non-specific immune response, anandamide, tumour necrosis factor alpha, more weight control hormones, etc. 25 vials.

8007: Body Biochemical 4 Kit

The DNA bases, more hormones involved in weight loss, two enkephalins and chemicals involved in blood clotting. 25 vials.

8008: Body Biochemical 5 Kit

More weight loss hormones, most of the enzymes involved in glycolysis and six prostaglandins. 25 vials.

8082: Body Biochemical 6 Kit

The 6th of the Body Biochemical Test Kits, containing more hormones, cytokines, including DHEA, gastrin, peptide YY, fibroblast growth factors etc. 25 vials.

8108: Body Biochemical 7 Kit

More body biochemicals including those concerned with coagulation and lipoproteins. 25 vials.

8095: Candida Test Kit

Although *Candida albicans* is the main strain that causes problems, some of the other strains are on the increase and can be implicated for some people. 13 vials.

8009: Chemical & Inhalants Test Kit

Ammonia, bee sting, butyl, carbon tetrachloride, coal tar, creosote, crude oil, diesel fumes, formaldehyde, house dust mite, mosquito bite, perfumes, petrol fumes, phenol, PVC, wasp sting, etc. 39 vials.

8010: Common Metals Test Kit

Aluminium, boron, cadmium, calcium, chromium, copper, iron, lead, magnesium, manganese, mercury, nickel, titanium, zinc, etc. 24 vials. Do not order this kit if you already have or intend to buy the Element kit.

8400: Cytokine and Immune 1 Test Kit

Developed in collaboration with Dr Wally Schmitt, contains cytokines, including fibroblast growth factors, immunoglobulins, interleukins, etc. (Some overlap with other kits.) 40 vials.

8401: Cytokine and Immune 2 Test Kit

More cytokines and immune regulators. 14 vials.

8011: Dental Test Kit

Dental amalgam, glues, resins, filling & crown material, three local anaesthetics, a periodontal nosode, etc. 50 vials.

8012: Digestive Enzymes Test Kit

Carboxypeptidase, enterokinase, lactase, lipase, lysozyme, maltase, pepsinogen, pepsin, peptidase, amylase, sucrase, trypsin, etc. 16 vials.

8013: Drinks Alcoholic A Test Kit

Beer, lager, cider, brandy, gin, whisky, rum, wines, sherry, etc. 26 vials.



test kits

8014: Drinks Alcoholic B Test Kit

Absinthe, advocaat, Calvados, Drambuie, grappa, ouzo, sake, vermouth, etc. 21 vials.

8015: Earth Energies Test Kit

Balance, comfort, energy and realism, inner wisdom, need, pain and space) based on the energies of place, time, weather and mood developed by Jane Thurnell-Read. 7 vials

8097: Electro-Magnetic Test Kit

Electrical and electro-magnetic frequencies, including mobile phones, television emissions, high voltage electricity, ELF's, etc. 14 vials.

8016: Elements Test Kit

103 elements including aluminium, mercury, nickel, carbon, oxygen, iron, zinc, selenium, cadmium, chromium and radon. 103 vials.

8017: Elements (partial) Test Kit

Only buy this if you already have the Common Metals Test Kit, as it provides all the additional vials that are in the full element test kit, i.e. common metals test kit + partial element test kit = element test kit. 79 vials.

8084: Emotional State Composites Test Kit

Ten composite emotions or states of being established through kinesiology testing, and the study of anthropological and psychological research in this field. 10 vials.

8018: Essential Oils A Test Kit

Bergamot, camomile (2 types), cinnamon, clove, cyprus, dill, eucalyptus, frankincense, ginger, jasmine, lavender, lemon (2 types), lemon grass, etc. 37 vials.

8019: Essential Oils B Test Kit

Marigold (French), marjoram (2 types) melissa, myrrh, patchouli, rose (2 types), rosemary, sandalwood,etc. 37 vials.

8020: Food A Test Kit

Apple, apricot, banana, beef, carrot, cauliflower, celery, cheese, chicken, egg, garlic, grape, lemon, lettuce, marrow, milk, peanut, pork, potato, etc. 56 vials.

8021: Food B Test Kit

Almond, barley, cashew nut, chickpea, cocoa, coconut, coffee (ground), oats (2 types) rice (3 types), sugar (beet), sugar (cane), wheat flour (4 types) yeast (bakers), yeast (brewers), etc. 52 vials.

8022: Food C Test Kit

Gluten, goat's milk, cow's milk yoghurt, quinoa, blueberry, okra, pak choi, mango, etc. 50 vials.

8067: Food D Test Kit

Many extra herbs, spices, nuts, fruit and vegetables. 42 vials.



8068: Food E Test Kit

More fish, maple syrup, sheep's milk, tofu and more. 25 vials

8069: Food F Test Kit

'Superfoods', (including spirulina, raw chocolate, guarana) and sweeteners (including xylitol and yacon syrup). 25 vials.

8078: Food G Test Kit

Focussing on Asian cuisine, includes seaweeds, fruits and vegetables. 50 vials.

8076: Food, Milk & Milk Substitutes Test Kit

Includes lactose-free cows' milk, A2 cow's milk, sheep's milk, buffalo milk, as well as almond, rice, soya and oat milks. 18 vials.

8075: Food, Mushrooms Test Kit

Various mushrooms including Chestnut, Shitake, Porcini and truffles. 14 vials.

8074: Food, Pulses Test Kit

16 beans/pulses plus soya bean (in two forms) plus a mixed vial containing all of them. 19 vials

8079: Food, Vegetable Oils Test Kit

Various oils used in cooking and processed food, including corn oil, groundnut oil, sunflower oil and rapeseed/canola oil. 29 vials.

9061: Food Toxins Test kit

Common food toxins; based on the work of Michael Lebowitz, DC. 10 vials.

8023: Food Additive A Test Kit

Artificial food colourings, preservatives, monosodium glutamate, antioxidants, artificial sweeteners, etc. 31 vials.

8024: Food Additive B Test Kit

Caffeine, lactose, sorbitol, pectin, vanillin, titanium dioxide, guar gum, gum acacia, xanthan gum, etc. 25 vials.

218: North American Food Color Additions

2 vials: FD & C Red No 40 and FD & C Green No 3

8025: Food Phenolics Test Kit

The energy patterns of phenolics. A sensitivity to a whole range of foods may be an allergy to an underlying food phenolic. 14 vials.

8026: Fragrance Test Kit

Synthetic fragrances used in perfume, personal care products and household products. 27 vials.

8027: Fungus 1 Test Kit

The energy patterns of 3 types of Candida, Chlamydia psittaci, Giardia lamblia, Malaria, Trichomonas vaginalis, 2 types of Aspergillus, the fungi which cause athlete's foot and ringworm, etc. 30 vials.



test kits

8028: Fungus 2 Test Kit

The energy patterns of Acremonium, Curvularia specifera, Rhizopus stolonifer plus some vials containing various strains from the same family (Alternaria mix, Aspergillus mix, Penicillium mix, Phoma mix, etc.)
30 vials.

8088: Fungus 3 Test Kit

Additional important fungi, including Stachybotrys Chartarum; many produce mycotoxins that are dangerous for human health. 24 vials.

8064: Histology Test Kit

The healthy body parts from the 17 histology/pathology kits. e.g. kidney, lung, liver, bone, muscles, nerves, ovary, prostate, pancreas, mast cells, etc. 75 vials.

Please only order this kit if you are unlikely ever to order the pathology/histology kits PH1-17. Otherwise you will end up with duplicates.

8029: Homeopathic A Test Kit

Remedies include arnica, arsen alb, hepar sulph, lachesis, lycopodium, merc sol, nux vom, petroleum, rhus tox, sulphur, tuja, etc. Each vial contains 2 tablets (30C potency). 54 vials.

8030: Homeopathic B Test Kit

Remedies include actaea rac, alumina, antim crud, apis mel, cantharis, helleborus, liliun tig, nat mur, podophyllum, etc. Each vial contains 2 tablets of the 30C potency. 50 vials.

8032: Hormone Test Kit

Insulin, progesterone, oestrogen, testosterone, TSH, antidiuretic hormone, calcitonin, FSH, cortisone, noradrenaline, ACTH, etc. Other hormones are in Body Biochemical test kits. 30 vials.

8085: Immunoglobulin Test Kit

The five immunoglobulin or antibodies involved in the immune system. 5 Vials.

8033: Industrial & Environmental 1 Test Kit

The energy patterns of many of the chemicals that are widely present in the environment: acetaldehyde, chlorobenzene, chlorohexane, nitrobenzene, polyvinyl acetate, styrene, toluene, xylene, etc. 25 vials.

8034: Industrial & Environmental 2 Test Kit

More chemicals including benzene, several phthalates, etc. 25 vials.

8070: Industrial & Environmental 3 Test Kit

More chemicals including bisphenol A, PCB's and various plastics, etc. 25 vials.



8105: Industrial & Environmental 4 Kit

More environmental chemicals including flame retardants, water fluoridation chemicals, some of the toxic substances found in cigarette smoke and Disperse Blue a dark clothing dye known to be highly allergenic. 25 vials.

8089: Interleukin Test Kit

These are substances that are normally produced by white blood cells in the body and help the immune system fight infection and cancer. 14 vials.

8035: Invasive Organisms Test Kit

Vials representing the essential energy pattern of bacteria, viruses, internal parasites, etc. 8 vials.

8100: Lectins Test Kit

Lectins are found in plants and milk. Lectins are sticky and so interact with the lining of the throat and the digestive tract when we eat them. 7 vials.

8094: Lyme Plus Test Kit

14 different Babesia species, 24 different Bartonella species, 21 different Borrelia species, 2 Ehrlichia. 61 vials.

8036: Maui Test Kit

These vials are radionic copies of a set of original remedies, based on flowers and gems. 24 vials.

8065: Medicinal Herbs Test Kit

50 common medicinal herbs including Milk Thistle, Agnus Castus, Korean Ginseng, Golden Rod, Vervain etc. 50 vials.

8066: Medicinal Herbs for Women Test Kit

Herbs specifically for women including Black Cohosh, Angelica, Shepherds Purse and Mugwort. There is some overlap with the Medicinal Herbs Test Kit but the price of the two kits reflects this. 25 vials.

8087: Mycotoxins Test Kit

Mycotoxins are produced by moulds and may cause cancers, kidney damage, gastrointestinal disturbances, reproductive disorders and suppression of the immune system. 27 vials.

8106: Neurotransmitter Test Kit

Important neurotransmitters that affect breathing, digestion, mood and much else. 13 vials.

8037: Nutrition 1 Test Kit

A range of vitamins and essential fatty acids. 21 vials.

8073: Nutrition 2 Test Kit

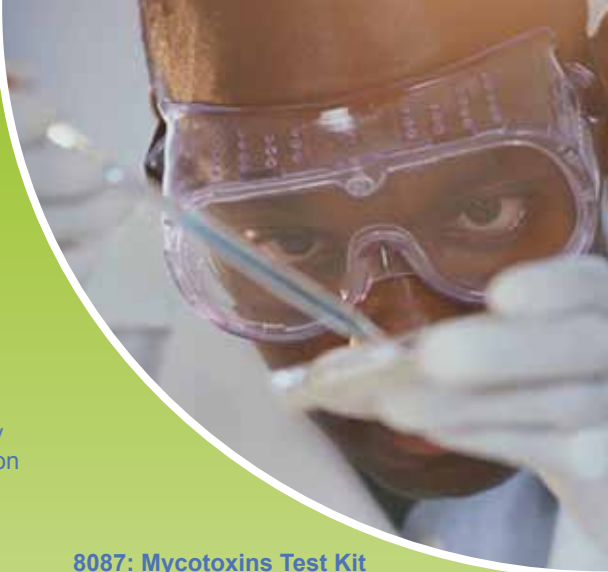
Substances commonly used as supplements, including DHA, SOD, quercetin, creatine, etc. 25 vials.

8038: Parasite 1 Test Kit

Tapeworms, pinworms, roundworms and liver flukes. 31 vials.

8039: Parasite 2 Test Kit

The energy patterns of various forms of hookworms, tapeworms, roundworms, blood flukes, liver flukes, lung flukes, Blastocystis hominis, Endomilax nana, etc. It does not duplicate Parasite 1 test kit, but contains some completely different parasites and some of the same parasites but at different life stages. 35 vials.



test kits

8115: Parasite 3 Test Kit

More parasites, including different life stages of parasites in other kits. 28 vials.

8041: Pathology/Histology 1 - Respiratory System

Various healthy and diseased tissues, e.g. lung, trachea, pneumonia, lung oedema, TB, emphysema and various cancers. 25 vials.

8042: Pathology/Histology 2 - Lower Digestive System

Various healthy and diseased tissues, e.g. colon, rectum, endometriosis in the colon, appendicitis, colitis, papilloma, vaculitis and cancers. 28 vials.

8043: Pathology/Histology 3 - Upper Digestive System

Various healthy and diseased tissues, e.g. duodenum, esophagus, stomach, pyloric sphincter, gastritis, ulcers, Crohn's disease and cancers. 31 vials.

8044: Pathology/Histology 4 - Endocrine System

Various healthy and diseased tissues, e.g. adrenal gland, pancreas, thyroid, myxoedema, goitre, Addison's disease and cancers. 27 vials

8045: Pathology/Histology 5 - Gall Bladder & Liver

Various healthy and diseased tissues, e.g. liver, gallbladder, Weil's disease, liver abscess, fatty degeneration of the liver, hepatoma, sarcoma of the liver, and cirrhosis. 28 vials.

8046: Pathology/Histology 6A - Brain & Nervous System

Various healthy and diseased tissues, e.g. cerebrum, cerebellum, thalamus, hippocampus, nerve, meningioma, encephalitis and infarcts. 25 vials.

8103: Pathology/Histology 6B - More Brain Test Kit

More healthy brain parts including amygdala, hypothalamus, prefrontal cortex and the primary motor cortex. 50 vials.

8107: Pathology/Histology 6C More Brain Test Kit

More brain histology including grey and white matter, choroid plexus, and parts of the ventricular system. 26 vials.

8119: Pathology/Histology 6D - Cranial Nerves Test Kit

Each nerve is represented by two vials – left and right. 26 vials.

8047: Pathology/Histology 7A - Skeletal System

Various healthy and diseased tissues, e.g. bone, spinal chord, juvenile rheumatism nodule, chordoma, rickets, osteochondroma and oseosarcoma. 25 vials.



**8102: Pathology/Histology 7B -
Vertebrae**

The 7 cervical, 12 thoracic, 5 lumbar, 5 sacral and 5 coccygeal vertebrae. 34 vials.

**8048: Pathology/Histology 8 - Muscle &
Connective Tissues**

Various healthy and diseased tissues, e.g. adipose tissue, cartilage, voluntary and involuntary muscles, lipoma, sarcomas, cellulitis and chondroma. 26 vials.

**8049: Pathology/Histology 9 - Kidney &
Urinary System**

Various healthy and diseased tissues, e.g. kidney, bladder, urethra, ureter, kidney abscess, nephritis and cancers. 33 vials.

**8050: Pathology/Histology 10 -
Lymph, Blood & Immune System**

Various healthy and diseased tissues, e.g. blood, bone marrow, lymph gland, anaemia, infarcts, leukaemia and other cancers. 37 vials.

**8051: Pathology/Histology 11 -
Heart & Circulatory System**

Various healthy and diseased tissues, e.g. aorta, artery, vein, myocarditis, temporal arteritis, atheroma, arteriosclerosis and endocarditis. 27 vials.

**8052: Pathology/Histology 12 -
Reproductive System - Female Breast
Only**

Various healthy and diseased tissues, e.g. breast, lactating breast, fibroadenoma, Paget's disease, benign tumours and various cancers. 25 vials.

**8053: Pathology/Histology 13 -
Female Reproductive Excluding Breasts**

Various healthy and diseased tissues, e.g. ovary, vagina, uterus, cervix with CIN changes, ovarian cyst, genital wart, fibroids and cancers. 33 vials.

**8054: Pathology/Histology 14 -
Male Reproductive System**

Various healthy and diseased tissues, e.g. penis, testis, sperm, vas deferens, prostate gland and various cancers and tumours. 25 vials.

**8055: Pathology/Histology 15 -
Pregnancy & Neonatal**

Various healthy and diseased tissues, e.g. bone marrow of new born, placenta, umbilical chord, pregnant uterus and chromosomes. 21 vials.

**8056: Pathology/Histology 16 -
Eyes, Nose, Ears & Mouth**

Various healthy and diseased tissues, e.g. cornea, optic nerve, palate, parotid gland, tongue, tonsil, tooth and malignant and benign tumours. 25 vials.

8057: Pathology/Histology 17 - Skin

Various healthy and diseased tissues, e.g. hair, skin, malignant melanoma, lichen planus, blue nevus, ulcers and kaposi's sarcoma. 26 vials.

**8101: Pathology/Histology 18 -
Chromosomes**

The 22 chromosomes plus the X and Y chromosome. 24 vials.



test kits

8058: Personal Care Test Kit

Common ingredients in personal care products, including sodium lauryl sulphate (SLS), aloe vera, isopropyl myristate, propyl gallate, propylene glycol, cocoa butter and 3 parabens. 31 vials

8040: Pesticide 1 Test Kit

Various pesticides including lindane, parathion, paraquat, heptachlor, campheclor etc. 25 vials.

8071: Pesticide 2 Test Kit

More pesticides including some mixed vials giving you access to a lot of different pesticides and herbicides. Also the 4 pesticides that make up DDT. 25 vials.

8072: Pesticide 3 Test Kit

More pesticides, including some used in the home and garden. Many of these pesticides have been shown on occasions to exceed their standard for maximum residue level in food within the European Community. There is no reason to believe the results would be different in other countries. 25 vials.

Boxes for test kits

The vials come in grip-seal/seal-easy plastic bags, and can be stored like this if you wish. We sell storage boxes separately – both plastic ones where the vials are stored upright and cardboard ones where the vials lie flat. There is more information on the website.

8059: Pollens, Dust & Moulds Test Kit

Tree pollens, weed pollens, grass pollens, house dust, tobacco smoke, pet hair, moulds etc. 22 vials..

8060: Pollens, Etc. 2 Test Kit

Various pollens (including ragweed and rapeseed/canola), moulds, dusts and fabrics. 28 vials.

8110: Protozoa Test Kit

Medically important protozoa including Balantidium coli, Entamoeba histolytica, Toxoplasma gondi, etc., with an emphasis where possible on vials for different stages. 37 vials.

8061: Recreational Drugs Test Kit

Includes amphetamine, cannabis, cocaine, ecstasy, heroin, marijuana, methadone, nicotine, cotinine, etc. 14 vials.

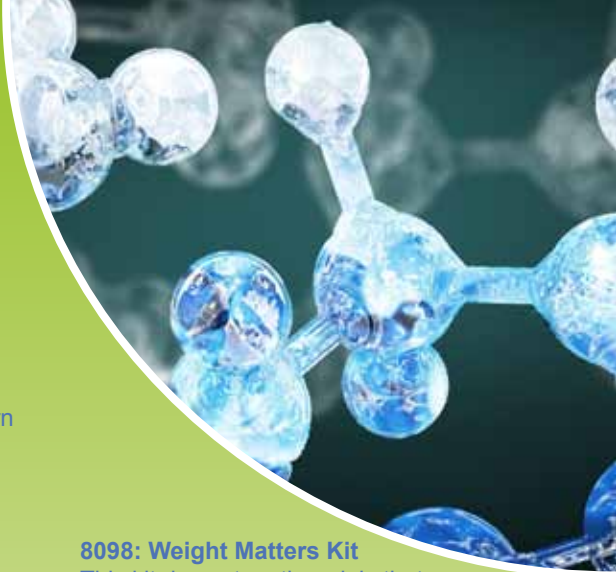
8081: Salicylate Test Kit

Contains salicylic acid and various salicylates such as acetylsalicylic acid, amyl salicylate, phenylethyl salicylate, etc. 10 vials.

8600: SIBO Test Kit

Small intestinal bacterial overgrowth (SIBO) refers to a condition in which abnormally large numbers of bacteria are present in the small intestine. 25 vials.





8109: Snake Venom Test Kit

Snake venom from various snakes including adder, copperhead, viper, etc. 20 vials.

8077: Sweeteners Test Kit

Various natural and artificial sweeteners including sugar, honey, high fructose corn syrup, stevia, aspartame, acesulfame K and sucralose. 24 vials.

8116: Vaccination Test Kit

Most of the standard childhood vaccines, plus influenza (several strains) and some travel vaccines. 58 vials.

8063: Virus 1 Test Kit

The energy patterns of Hepatitis A, B and C, mumps, chickenpox, measles, HIV, polio, the respiratory syncytial virus, Herpes simplex and zoster, Epstein-Barr, Coxsackie, etc. 21 vials.

8092: Virus 2 Test Kit

Adenovirus (linked to respiratory illness), Coronavirus (the common cold), Human T-Lymphotropic Virus Type 1 and 2 (neurological illnesses and leukemia), Norovirus (gastroenteritis), four Parainfluenza strains, Rhinovirus (the common cold) and West Nile Virus. Also includes viruses that could be used in biological warfare standpoint (e.g. SARS, Dengue and Ebola). 25 vials.

8063: Virus 3 Test Kit

More viruses including Hanta virus, Human Herpes Virus 6, Simian Virus, Zika virus etc. 25 vials.

8098: Weight Matters Kit

This kit draws together vials that are spread across other kits. The vials include hormones, enzymes, amino acids, etc. that affect metabolism, blood glucose levels, gastric emptying and appetite control. Vials include insulin, glycogen, T4, T3, reverse T3, leptin, neuropeptide Y, carnitine, etc. 38 vials

UPDATING EARLIER KITS

From time to time we update kits, so if you bought a particular kit sometime ago make sure that you have all the vials. We have updated the following kits:

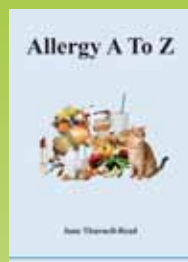
- Bacteria Kit in 2003, 2004 & 2007
- Body Biochemical 2 Kit
- Body Biochemical 4 Kit
- Chemical & Inhalants Kit in 2007
- Dental Kit in 2003 and 2004
- Fungus 1 Kit in 2003 and 2004
- Hormone Kit
- Recreational Drug Kit 2003
- Virus 1 Kit 2007
- Virus 3 Kit 2015
- Vaccination Kit 2004, 2007, 2008 and 2016; the flu vaccination vial is also updated most years.

books & dvds

by Jane Thurnell-Read

401: Allergy A To Z **

Jane has seen literally thousands of clients with allergies, and she has put her knowledge and insights into this book. Sections include: Allergy Symptoms, Why Are Allergies On The Increase, and a detailed and comprehensive A to Z of possible allergens. Designed as an easy-to-use reference book.

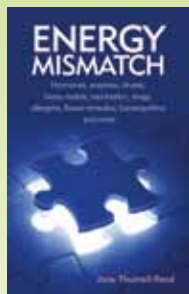


402: Geopathic Stress & Subtle Energy **

The word 'geopathic' literally means suffering or disease of the earth. This is a comprehensive look at this fascinating subject with many case studies from experts in this field. Read about the people who got better by getting their houses 'fixed'.

403: Health Kinesiology **

A comprehensive description of health kinesiology for those thinking about seeing a kinesiologist or considering training as a health kinesiologist. The book has a different cover and is black and white inside without photographs. This is why it is cheaper than the previous edition, but do not buy it if you have the previous edition of this book. (Also available as an eBook through Amazon)



404: Energy Mismatch

This book is subtitled: Hormones, Enzymes, Viruses, Heavy Metals, Vaccinations, Drugs, Allergens, Flower Remedies, Homeopathics & More. Jane used to teach this information as a very successful one-day workshop, but has turned it into this explanatory book. Learn a really effective way to use the test kits in your practice.

This can now be downloaded as a free PDF from the website.

9901 and 9902 Energy Mismatch DVD

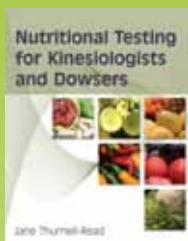
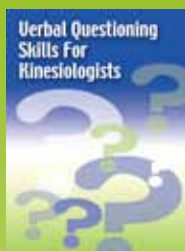
In this DVD you'll see how you can use this one technique for a whole range of problems and symptoms – not just allergies and sensitivities, but also toxicity, bacterial and viral problems of all sorts, poor assimilation of nutrients or hormonal imbalances. 2 hours of information, insights and techniques on a professionally produced DVD. (Two DVD formats depending on where in the world you live.)



*Titles marked ** are also available as eBooks through Amazon.*

405: Verbal Questioning Skills For Kinesiologists

120 pages - all Jane's knowledge, skill and experience on this fascinating topic, gained over many years helping many clients. It is one of the most powerful tools she has to help people get well and stay well. This book sets out to show you how to do it and what pitfalls to avoid.

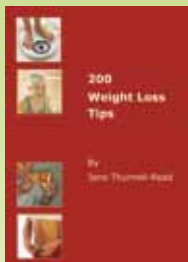


406: Nutritional Testing For Kinesiologists And Dowzers

Many kinesiologists and dowzers find it difficult to offer practical, detailed nutritional advice. This may be because they feel overwhelmed by the amount of often conflicting information and advice available, and they can't quite see how to integrate nutritional testing into the rest of what they do.

407: Kinesiology **

Learn about the history of kinesiology and the different systems that have evolved – Touch for Health, Applied Physiology, Health Kinesiology, Kinergetics, PKP, Three In One and more. Read about the key concepts and what happens in a session. Read case studies from around the world and accounts of how practitioners and system developers got involved in this amazing therapy. Useful for showing to clients, leaving in your waiting room or donating to your local libraries.



200 Plus Weight Loss Tips (eBook only)

Practical and effective tips to help you manage your weight. This is only available as an eBook. It can be bought from Amazon for all the main eBook readers.

500 Plus Health And Happiness Tips (eBook only)

Over 500 easy to understand and easy to use tips. Remind yourself of things you already know, arm yourself with new information and purpose, and be inspired to have the life you want. The tips are divided up into sections (health, happiness, inspirational quotes, nutrition, weight loss, exercise, managing your life, relationships and children).



books & dvds

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