

## FOODS, VEGETABLE OILS TEST KIT (29 vials)

Product Code 8079

The production process of vegetable oil involves the removal of oil from plant components, typically seeds. This can be done via mechanical extraction using an oil mill or chemical extraction using a solvent. The extracted oil can then be purified and, if required, refined or chemically altered.

Chemical extraction (using solvents) produces higher yields and is quicker and less expensive than mechanical extraction. The most common solvent is petroleum-derived hexane (in Industrial and Environmental Test Kit 3).

Many of the oils are also used as carrier oils in massage.

Code	Name	Comments
VO 1	Almond Oil	Limited use in cooking, but also used as a massage oil and in skin care preparations.
VO 2	Almond Oil, Sweet Organic	
VO 3	Argan Oil	Used in cooking especially in Morocco, also in cosmetics and taken as a nutritional supplement.
VO 4	Avocado Oil	Used in cooking and in personal care products and cosmetics.
VO 5	Coconut Oil	Used in baked goods, pastries, confectionery, and sautés. Also used in non-dairy creamers and snack foods including popcorn. Has become increasingly popular in health and natural food circles.
VO 6	Coconut Oil, Virgin, Organic	
VO 7	Corn Oil	One of the most common cooking oils; also used in salad dressing, margarine, mayonnaise, prepared goods like spaghetti sauce and baking mixes, and to fry prepared foods like potato chips and French fries.
VO 8	Cottonseed Oil	A major food oil, often used in industrial food processing. Margarine, shortening, salad dressings, commercially fried products.
VO 9	Ghee	Clarified butter that originated in India and is commonly used in South Asian (Indian, Bangladeshi, Nepali, Sri Lankan, and Pakistani) cuisine and ritual. (Not strictly a vegetable oil, but used in the same way in some countries.)
VO 10	Grapeseed Oil	Used in cooking and cosmetics.
VO 11	Groundnut Oil / Peanut Oil / Arachis Oil	Often used in Chinese, South Asian and Southeast Asian cuisine. Used to make soap.
VO 12	Hazelnut Oil	
VO 13	Macadamia Oil	Used in cooking (particularly in Australia); also used in cosmetics.
VO 14	Mustard Seed Oil	Often used for cooking in North India, Eastern India, Nepal, Bangladesh and Pakistan.
VO 15	Olive Oil	Used in cooking, cosmetics and soaps.
VO 16	Olive Oil, Organic	
VO 17	Palm Oil	Widely used in the commercial food industry. A common home cooking ingredient in the tropical belt of Africa, Southeast Asia and parts of Brazil.
VO 18	Rapeseed/Canola Oil	One of the most widely used cooking oils.

Code	Name	Comments
VO 19	Rice Bran Oil	Popular as a cooking oil in several Asian countries, including Japan and China. Also used in cosmetics, confectionery, shoe creams and polishing compounds. Used in the preparation of vegetable (non-butter) ghee.
VO 20	Safflower Oil	
VO 21	Safflower Oil, Organic	
VO 22	Sesame Oil	Used as a cooking oil in South India, it is often used as a flavour enhancer in Chinese, Japanese, Middle Eastern, Korean, and Southeast Asian cuisine. Used in Ayurvedic medicine.
VO 23	Sesame Oil, Organic	
VO 24	Sesame Oil, Toasted	
VO 25	Soybean Oil/ Soya Bean Oil	Accounts for about half of worldwide edible oil production. Also used as a base for some printing inks and oil paints.
VO 26	Soybean Oil/ Soya Bean Oil, Organic	
VO 27	Sunflower Oil	A common cooking oil.
VO 28	Sunflower Oil, Organic	
VO 29	Walnut Oil	Mainly used in cold dishes and salad dressings.

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