

## WHICH TEST KITS SHOULD I BUY?

We sell [over 60 test kits](#) and, if you bought them all, it would cost you over £1500. Occasionally people do this, but for most it is not an option. So the question often asked is:

Which kits should I buy first?

There's no single answer to this, but below is some guidance by asking you questions:

### **Do you have a method for correcting any problems you find?**

If not, the first thing I suggest you do is buy the [Energy Mismatch](#) book and read that. (To use this book you need to have some method of testing, e.g. kinesiology or EAV.)

### **What type of people are you working with?**

If the answer is children, you may look at buying Food Additive A, Food Additive B and Vaccination kits. If you mainly work with women, the best kits to buy are probably Personal Care, Hormones and Body Biochemicals 1, 2, 3, 4 and 5.

### **What interests you?**

There are probably lots of different ways to achieve the same results with people, even just thinking in terms of test kits. So, if you're fascinated by allergy problems, think about buying the Food test kits, Food Additives A and B, Chemical and Inhalants, Industrial and Environmental 1-3, and the Personal Care and Fragrance Kits. If you're interested in 'bugs', consider Parasites 1 and 2, Virus, Bacteria and Fungus 1 and 2. If you like working with flower remedies, check out Maui, and the Earth Energies.

### **Do you feel that some particular factor is crucial to good health?**

If you feel that no matter what the problem, it's important to get nutrition sorted out, choose Digestive Enzymes, Nutrition 1 and the Common Metals Kits. If your training and reading emphasise the importance of Candida, you will probably want to buy the Fungus 1 kit, which has 3 different types of Candida in it.

### **Are you drawn to a particular test kit?**

Sometimes people say they feel drawn to a particular test kit without being able to explain why. If you feel this way, it is recommended you buy the kit whatever it is.

Occasionally people who spend months trying to decide which test kits to buy, rather than taking the plunge and buying 1 or 2. If you have any queries please do not hesitate to call or email.